

# Living Health Chiropractic, PLLC

91 Troy Road, East Greenbush, NY 12061  
Phone (518) 477-6330 Fax (518) 477-5085

## Patient Information

LHC#: \_\_\_\_\_

Name \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ Work Phone (\_\_\_\_) \_\_\_\_\_ Cell Phone (\_\_\_\_) \_\_\_\_\_

Best number to reach you at: Home Work Cell (Please circle one)

Date of Birth \_\_\_\_\_ (Age) \_\_\_\_\_ Referred by \_\_\_\_\_

Social Security # \_\_\_\_\_ Email Address \_\_\_\_\_

Employer \_\_\_\_\_ Occupation \_\_\_\_\_

Employer Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Marital Status Single Married Divorced Separated Widowed Spouse's Name \_\_\_\_\_

Number of Children \_\_\_\_ Names/Ages \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone # \_\_\_\_\_

Have you ever had Chiropractic Care? Yes No If yes, when, where and why? \_\_\_\_\_

Primary Care Physician: Name \_\_\_\_\_

Address \_\_\_\_\_ Phone # \_\_\_\_\_

Have you been in an accident? Yes No If yes, was it Work Auto Other Date \_\_\_\_\_

Nature of Accident \_\_\_\_\_

### **Insurance Information**

Insurance Company Name \_\_\_\_\_

Policy ID# \_\_\_\_\_ Group # \_\_\_\_\_

Subscriber's Name (if different than patient) \_\_\_\_\_

Subscriber's Date of Birth \_\_\_\_\_ Subscriber's Social Security # \_\_\_\_\_

Subscriber's Employer \_\_\_\_\_

### **About Your Health**

The human body is designed to be healthy. Throughout life, events occur which damage your health expression. This case history will uncover the layers of damage, especially to your nervous system, that have resulted in poor health. Following your exam, your chiropractor will outline a course of care to begin to correct these layers of damage and recover your innate health potential.

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**Loss of Wellness (Birth to Age 5)**

Let's begin at birth when you may have first damaged your nervous system.

| Birth to Age 5                          | Yes                      | No                       | Doctor Notes |
|---|--------------------------|--------------------------|--------------|
| <b>1. PREGNANCY: Did your mother...</b> |                          |                          |              |
| Smoke or drink alcohol?                 | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Have a proper diet?                     | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Exercise?                               | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Experience any falls or injuries?       | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| <b>2. BIRTH PROCESS</b>                 |                          |                          |              |
| Was the delivery long?                  | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Was the delivery difficult?             | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Forceps used?                           | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| C-section?                              | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Breach/cephalic?                        | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Home Birth?                             | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Hospital Birth?                         | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Mother given drugs during delivery?     | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Was labor induced?                      | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Premature?                              | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| <b>3. GROWTH &amp; DEVELOPMENT</b>      |                          |                          |              |
| Did you ever fall out of bed?           | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Were you breast-fed?                    | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Major childhood illnesses?              | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Accidents?                              | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Surgeries?                              | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Drugs?                                  | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Child Abuse?                            | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Other traumas?                          | <input type="checkbox"/> | <input type="checkbox"/> | _____        |

**Loss of Whole Body Health (Age 5 – Present)**

As you increased the layers of damage you probably began to experience symptoms.

| Age 5 – Present                          | Yes                      | No                       | Doctor Notes |
|--|--------------------------|--------------------------|--------------|
| Did/do you smoke?                        | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Did/do you drink any alcohol?            | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Diet (do you eat healthy foods?)         | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Have you been in any accidents?          | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Have you had any surgeries?              | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Drugs? (prescription/over- the- counter) | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Jaw/Teeth problems?                      | <input type="checkbox"/> | <input type="checkbox"/> | _____        |

Patient Name \_\_\_\_\_

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Age 5 – Present (cont.)

|                                      | Yes                      | No                       | Doctor Notes |
|--------------------------------------|--------------------------|--------------------------|--------------|
| Eye Problems?                        | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Hearing problems?                    | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Exercise regularly?                  | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Did/do you have occupational stress? | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Physical stress?                     | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Mental stress?                       | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Hobbies/Sports injuries?             | <input type="checkbox"/> | <input type="checkbox"/> | _____        |
| Other traumas/problems               | <input type="checkbox"/> | <input type="checkbox"/> | _____        |

Sleeping Habits

Sleeping posture  Side  Stomach  Back

**Symptoms and Ill Health (Present State)**

Finally, years of continuing damage showed up as acute or chronic symptoms.

Chief Complaint \_\_\_\_\_

Pain or problem started \_\_\_\_\_

Type of pain Sharp Dull Throbbing Numbness Aching Shooting Burning Tingling Cramps  
Stiffness Swelling Other \_\_\_\_\_

Does the pain radiate? Yes No Is the pain getting progressively worse? Yes No

Does the pain interfere with Work Sleep Daily Routine Recreation Other \_\_\_\_\_

What activities aggravate your pain? \_\_\_\_\_

What activities lessen your pain? \_\_\_\_\_

Is the pain worse during certain times of the day? Yes No \_\_\_\_\_

Other symptoms: (please mark all that apply)

- |  |   |   |   |
|--|---|---|---|
| <input type="checkbox"/> Headaches           | <input type="checkbox"/> Neck Pain          | <input type="checkbox"/> Sleeping Problems      | <input type="checkbox"/> Back Pain              |
| <input type="checkbox"/> Nervousness         | <input type="checkbox"/> Tension            | <input type="checkbox"/> Irritability           | <input type="checkbox"/> Chest Pain             |
| <input type="checkbox"/> Dizziness           | <input type="checkbox"/> Stiff Neck         | <input type="checkbox"/> Pins & Needles in Legs | <input type="checkbox"/> Pins & Needles in Arms |
| <input type="checkbox"/> Numbness in fingers | <input type="checkbox"/> Numbness in Toes   | <input type="checkbox"/> Shortness of Breath    | <input type="checkbox"/> Fatigue                |
| <input type="checkbox"/> Depression          | <input type="checkbox"/> Lights bother eyes | <input type="checkbox"/> Loss of Memory         | <input type="checkbox"/> Ears Ring              |
| <input type="checkbox"/> Fever               | <input type="checkbox"/> Fainting           | <input type="checkbox"/> Loss of Smell          | <input type="checkbox"/> Loss of Taste          |
| <input type="checkbox"/> Diarrhea            | <input type="checkbox"/> Constipation       | <input type="checkbox"/> Feet Cold              | <input type="checkbox"/> Hands Cold             |
| <input type="checkbox"/> Stomach Upset       | <input type="checkbox"/> Cold Sweats        | <input type="checkbox"/> Loss of Balance        | <input type="checkbox"/> Buzzing in Ears        |

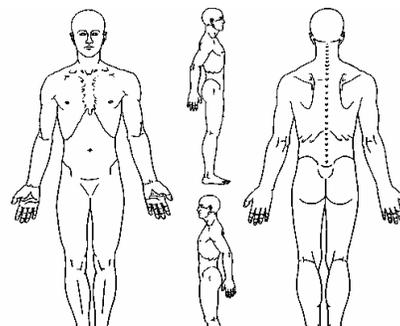
Please rate the pain on the following scale:

**NO PAIN** 0 ----- 1 ----- 2 ----- 3 ----- 4 ----- 5 ----- 6 ----- 7 ----- 8 ----- 9 ----- 10 **THE WORST PAIN**

Have you been under drug or medical care for this pain? \_\_\_\_\_

How long? \_\_\_\_\_ Have you had surgery? Yes No Describe \_\_\_\_\_ When \_\_\_\_\_

Please indicate where you pain is on the following diagrams:



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**Health History – Medications – Allergies**

Please mark the appropriate box to indicate if you have ever had any of the following:

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> Alcoholism         | <input type="checkbox"/> Chicken Pox      | <input type="checkbox"/> Liver Disease       | <input type="checkbox"/> Rheumatoid Arthritis |
| <input type="checkbox"/> Allergy Shots      | <input type="checkbox"/> Diabetes         | <input type="checkbox"/> Measles             | <input type="checkbox"/> Rheumatic Fever      |
| <input type="checkbox"/> Anemia             | <input type="checkbox"/> Emphysema        | <input type="checkbox"/> Migraine Headaches  | <input type="checkbox"/> Scarlet Fever        |
| <input type="checkbox"/> Anorexia           | <input type="checkbox"/> Epilepsy         | <input type="checkbox"/> Miscarriage         | <input type="checkbox"/> Stroke               |
| <input type="checkbox"/> Appendicitis       | <input type="checkbox"/> Fractures        | <input type="checkbox"/> Mononucleosis       | <input type="checkbox"/> Suicide Attempt      |
| <input type="checkbox"/> Arthritis          | <input type="checkbox"/> Glaucoma         | <input type="checkbox"/> Multiple Sclerosis  | <input type="checkbox"/> Thyroid Problems     |
| <input type="checkbox"/> Asthma             | <input type="checkbox"/> Goiter           | <input type="checkbox"/> Mumps               | <input type="checkbox"/> Tonsillitis          |
| <input type="checkbox"/> Bleeding Disorders | <input type="checkbox"/> Gonorrhea        | <input type="checkbox"/> Osteoporosis        | <input type="checkbox"/> Tuberculosis         |
| <input type="checkbox"/> Breast Lump        | <input type="checkbox"/> Gout             | <input type="checkbox"/> Pacemaker           | <input type="checkbox"/> Tumors, Growths      |
| <input type="checkbox"/> Bronchitis         | <input type="checkbox"/> Heart Disease    | <input type="checkbox"/> Parkinson’s Disease | <input type="checkbox"/> Typhoid Fever        |
| <input type="checkbox"/> Bulimia            | <input type="checkbox"/> Hepatitis        | <input type="checkbox"/> Pinched Nerve       | <input type="checkbox"/> Ulcers               |
| <input type="checkbox"/> Cancer             | <input type="checkbox"/> Hernia           | <input type="checkbox"/> Pneumonia           | <input type="checkbox"/> Vaginal Infections   |
| <input type="checkbox"/> Cataracts          | <input type="checkbox"/> Herpes           | <input type="checkbox"/> Polio               | <input type="checkbox"/> Venereal Disease     |
|   | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Prosthesis          | <input type="checkbox"/> Whooping Cough       |
|   | <input type="checkbox"/> Kidney Disease   | <input type="checkbox"/> Psychiatric Care    | <input type="checkbox"/> Other _____          |

Is there a family history of?

|               | Heart Disease            | Arthritis                | Cancer                   | Diabetes                 | Other _____              |
|---------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Father’s Side | <input type="checkbox"/> |
| Mother’s Side | <input type="checkbox"/> |

**Medications:** (Please list all medications that you currently take) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Allergies:** (Please list all allergies) \_\_\_\_\_

**About Your Care**

Chiropractic provides three types of care. The first is **Initial Intensive Care** which corrects the most *recent* layer of Spinal and Neurological damage (Vertebral Subluxation Complex). This care usually reduces or eliminates the symptoms. Then **Reconstructive Care** begins which corrects the years of damage that occurred when there were few symptoms. And finally, chiropractic offers a genuine approach to **Wellness Care**. All of these options will be explained to you and then you’ll be able to begin a course of care that fits your health goals.

**Confidentiality Policy**

Living Health Chiropractic, PLLC keeps all patient files in a locked cabinet which can only be accessed by authorized personnel. Likewise, all electronic data regarding our patients is kept on a secure password protected computer that can only be accessed by authorized personnel.

I understand the above policy and have  accepted  declined a written copy of this policy.

\_\_\_\_\_ Patient Initials

Patient Name \_\_\_\_\_

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**Statement of Acknowledgement of Financial Responsibility**

\* I understand that I will be financially responsible for any charges incurred at Living Health Chiropractic, PLLC, including copays, deductibles, rescans and charges denied or not covered by the insurance companies.

\* I realize my care may be subject to pre-certification by the insurance company, and I accept any responsibility for charges which may not be approved. The insurance company will review any/all documentation submitted by Living Health Chiropractic, PLLC for review for medical necessity and base their approval/denial upon this documentation.

\* Living Health Chiropractic, PLLC may seek payment from me for any services my health insurance plan determine to be not medically necessary.

\_\_\_\_\_ Patient Initials

**Assignment of Benefits / Designation of Authorized Representative**

I certify that I, and/or my dependent(s), have insurance coverage with the above referenced insurance carrier and I therefore assign directly to Living Health Chiropractic, PLLC or any physician working under the umbrella of Living Health Chiropractic, PLLC all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I authorize the use of my signature on all insurance submissions.

I do hereby designate Living Health Chiropractic, PLLC and agent (here after referred to as my doctor), to the full extent permissible under the Employee Retirement Income Security Act of 1974 ("ERISA) and as provided in 29 CFR 2560-503-1(b)4 to act on my behalf to pursue claims and exercise all rights connected with my health care benefit plan, with respect to any medical or other health care expense(s) incurred as a result of the service(s) received from my doctor. These rights include the right to act on my behalf with respect to initial determination of claims, medical or other health care service benefits, insurance or health care reimbursement and to pursue any other applicable remedies, all in connection with medical or other health care expense(s) as the result of the service received from my doctor.

\_\_\_\_\_ Patient Initials

**Privacy Practices Acknowledgement**

The privacy practices information is posted in the office. I can request a copy from the office if I wish. I acknowledge that I am aware of this information.

\_\_\_\_\_ Patient Initials

**Signature**

I state that all of the above information is true and correct to the best of my knowledge.

\_\_\_\_\_  
Patient's/Parent/Guardian Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_\_  
If not patient, relationship to patient